

# MONTHLY THERAPY GROUP FOR THERAPISTS

Starts Saturday January 27, 2018 9 AM - 4 PM Chapel Hill  
Meets February 17, March 17, April 21, May 19 and June 23

OPEN TO 8 PARTICIPANTS LPC's, LCSW's, LMFT's, Ph.D's. Psy.D's, MD's



Being a psychotherapist is an emotionally demanding profession. Making time to attend to our own life issues, unexpressed feelings and thoughts and relational issues, creates more 'space' for ourselves and our clients.

Participating in a safe confidential therapy group environment offers therapists a unique process that 'holds' each member. It provides support, connection, a sense of belonging along with acceptance and understanding. Early wounds are addressed and personal growth is fostered; thereby reducing aloneness and stress many therapists carry. The experience in group can be transformative!



The Modern Analytic Group Process Model as developed by Louis Ormont harnesses the power of the group itself as a therapeutic agent; focuses on emotional connection and interaction, rather than intellectual understanding to resolve obstacles to intimacy; promotes individuation and explores one's ability to make and maintain contact. Over time, members become more emotionally aware and expressive which helps to cultivate more rewarding relationships and a fuller life!



Attending to one's internal process for self-care and healing nourishes and expands our capacity as therapists.

**PRE-REQUISITE OF ONE COMPLIMENTARY INDIVIDUAL THERAPY SESSION.**



Fee: \$150/month.

(\$60 discount if prepay for entire Jan.-June)

This open-ended group entails a personal and financial commitment to attend all six Saturday's.

(Group will resume in September 2018).

**To Register:** Send 1st month payment with phone and email to:

Ricki Geiger, LCSW, CGP

1829 E. Franklin St., #600

Chapel Hill, NC 27514

919-929-8559 (o) 919-265-9002 (cell/text)

**Ricki L. Geiger, LCSW, CGP** has been leading successful psychotherapy groups for over 20 years. She is a Certified Group Psychotherapist (CGP) by the National Registry of Group Psychotherapists since 1991; a member of the American Group Psychotherapy Society (AGPA) and the Carolinas Group Psychotherapy Society (CGPS). In addition to psychodynamic theory has been an avid student and supervisee of the Modern Analytic Group Process Model for 15 years.