

# WORKING WITH RESISTANCE

Saturday March 9th 9 AM - 12:15 PM in Chapel Hill

**Fee: \$119**

**3 CEU's and certificate provided**



Do you feel stuck with certain clients? Has the therapy stalled? Despite your best efforts, clients are clinging to old defenses and repeating patterns of unhealthy behavior. What is going on?

## **RESISTANCE!**

This workshop will provide essential knowledge to enhance your practice and create positive outcomes with clients. You will learn the benefits of resistance and necessary clinical tools and interventions to transform a 'stagnant pond working alliance into a bubbling spring.'

## **Space is Limited!**

**By the end of the workshop, participants will be able to:**

1. Define resistance and explain two benefits.
2. Name and describe three types of resistances.
3. Identify within your own 'caseload' how resistance activates you; feelings (i.e. frustration, helplessness) and behaviors such as rescuing, over-functioning, and withdrawal.
4. Learn and formulate effective intervention statements that move the treatment.

**Led by Ricki L. Geiger, LCSW, CGP** dynamic educator and seasoned clinician and supervisor with over 38 years experience. [www.RickiGeiger.com](http://www.RickiGeiger.com)

### **To register and reserve your place:**

Send by mail or Zelle \$119 by 2/22: with your name, email and cell phone number.  
1829 E. Franklin St. Suite 600 Chapel Hill, NC 27514 919-929-8559  
[rgeiger2@gmail.com](mailto:rgeiger2@gmail.com)

**Cancellation policy:** Cancellations made by February 28th receive a refund minus \$50. After March 1st, no refund.

